



Melbourne
Respiratory &
Sleep Services

RESPIRATORY / SLEEP

LABORATORY REQUEST

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www.melbournerespiratoryandsleep.com.au 🌐
226 Burgundy Street, Heidelberg VIC 3084 📍
(see map over)

⚠️ **IMPORTANT** – Please see over for detailed respiratory test preparation instructions and medication withholding requirements.

Appointment Date : _____ Appointment Time : _____ Appointment Location : _____
(See Over)

Patient Details

Surname: _____

Given Name: _____

Address: _____

Date of Birth: _____ Telephone: _____

Clinical Notes / Reason for Referral

Tests Required

Sleep Study

☐ Comprehensive Sleep Study*

Respiratory Function Tests**

- | | |
|--|---|
| ☐ Spirometry | ☐ Bronchial Provocation Tests (Mannitol) |
| ☐ Transfer Factor | ☐ Maximal Respiratory Pressures |
| ☐ Plethysmographic Lung Volumes | ☐ FeNO |

Consultation

☐ Consultation with Specialist Physician

Requesting doctor

Signature: _____ Date: _____

Copies to: _____

*Requires consultation if not referred by a Sleep Physician

**Pensioners and Healthcare Card Holders bulk-billed for Respiratory Function Tests

Products To Be Avoided Prior To Testing	Time to avoid prior to testing (unless essential)	
	Routine Testing	Bronchial Provocation Testing
Respiratory Function Short acting bronchodilator (Ventolin, Bricanyl, Atrovent, Asmol)	6 Hours	8 Hours
LAMA (Spiriva, Genuair, Seebri, Incruze, Anoro)	12 Hours	24 Hours
LABA (Serevent, Foradile, Oxis, Onbrez, Anoro)	24 Hours	24 Hours
Combination steroid/LABA (Seretide, Symbicort, Flutiform, Ellipta)	24 Hours	24 Hours
Antihistamine (Zyrtec, Telfast, Claratyne etc.)	N/A	72 Hours
Caffeine	N/A	Day of Test
Theophylline (Nuelin, Theodur)	N/A	24 Hours

 Do not stop any medication that is essential for your safety without medical advice.

Location 1

Main Lab
226, Burgundy St, Heidelberg VIC 3084



SCAN ME



SCAN ME

Location 2

Suite 2, Latrove Private Hospital,
920 Plenty Rd, Bundoora VIC 3083